GLYS Western New York
Growing LGBTQ+ Youth Support
716.855.0221 | www.glyswny.org

IMPORTANT RESOURCES for both parents & school professionals for Transgender + Gender Non-Conforming youth under 13:

**Gender Spectrum:**
- Primarily for families with youth under the age of 18
  - has great resources for parents and caregivers
- Online support groups for parents and youth

**Dignity for All Students Act (DASA):**
- Guidance for TGNC students

**Gender Expression Non-Discrimination Act (GENDA):**
- Information on how GENDA applied to K-12 schools

**Videos:**
- I am Jazz: A Family in Transition
- Raising Ryland
- Growing Up Trans
- Becoming Me

**Books:**

**For Parents & Professionals:**
- The Transgender Child: A Handbook for Families and Professional — Stephanie Brill
- Becoming Nicole: The Transformation of an American Family — Amy Ellis Nutt
- PFLAG Adult Reading List

**For Child/Use with Students:**
- Sex is a Funny Word — Corey Silverberg
  - Age appropriate non-fiction book about sex, gender and sexuality
- Child Book List
  - Includes age ranges